

Volleyball Rules

- The rules of the International Volleyball Federation [FIVB] as adopted from time to time by the Volleyball Federation of India (VFI) shall be followed unless otherwise modified.
- Team of each zone will consist of 10 male and 10 female (Each team consists of 6 players and 4 substitutes.)
- The tournament shall be played on knockout basis. All the matches shall be played on the best of 3 sets (Games are played up to 25 points and must be won by 2 clear points). Last set will be of 15 points.
- Each team can hit the ball up to three times before the ball must be returned. The defensive team can then try and block or return the ball again hitting it a maximum of three times.
- Any team refusing to play a match without proper justification will be eliminated from the competition and the results of the matches already played will be cancelled.
- The general rules for Volleyball (Women) are the same. The game will be best of three sets.
- **All the players of the team should have same colour of jersey with printed number.**

Violations will be called for the following:

- Stepping over the base line when serving the ball.
- Ball hits the net and fails to get over the net (If the ball hits the net and still goes over the net then this is perfectly legal).
- Players are not allowed to carry, palm or run with the ball.
- Players must not touch the net with any part of the body. If the net is said to have hit them rather than vice-versa, then this is ok.
- The ball cannot travel under the net.
- Players cannot reach over the net and hit the ball.

General Regulations-

- All participants need to come in proper kit –shorts. If any player does not come in proper kit or shoes, the player won't be allowed to play the match.
- Teams are allowed to cheer their player but there should not be any hooting or jeering against other teams' players.
- Teams must bring their own adequate volleyballs for practice. No balls will be provided from the institute for practice.
- The decision of the referees and the umpires will be final and binding. No protests would be entertained. Therefore, any team leaving the field of play as a mark of protest and conceding a walk -over shall be deemed to have lost the fixture and will be eliminated from rest of the event.